Friday 28 March 2014  
Term 1 Week 9  
Dear Parents, Staff & Students

We are heading very quickly towards the end of Term 1 2014. We have two very busy weeks ahead of us. Stage 3 are off to camp Week 10 for three days, our Parent interviews are taking place Week 10 and 11. We will be celebrating Easter in Week 11 with an Easter Hat Parade and our wonderful Easter Raffle and our last day of Term 1 we will be holding our ANZAC service. A note will be going home early next week about all our events.

Changes to Staff Development Day
Our usual Staff Development Day schedule for 28 April Term 2 will now be held on Monday 26 May. All staff at Alfords Point Public School will be joining a Community of Schools Between the Rivers Professional Learning Day at Menai High instead of Monday 28 April.

In other words, Monday 26 May will be a pupil free day so that staff can engage in professional learning around Literacy and NAPLAN.

Monday 28 April will be the first day back of Term 2 for all students at Alfords Point Public School. Our OOSH Centre Cindi Kindi will be open on Monday 26 May for vacation care. Cindi Kindi - Cindy can be contacted on 0412 575 551. A note will be sent home.

The Five Keys to School Success
Over the last few weeks I have been writing about The Five Keys to School Success. The fifth key to children's success and wellbeing is Resilience. This key is about:-

~ staying calm when you're upset
~ remaining positive in hard times
~ taking time out
~ removing yourself from the situation
~ letting the teacher know
~ deep breathing
~ bouncing back from difficult situations
~ never giving up
~ learning from your mistakes

New Day fresh start

Trying your best and feeling the intrinsic reward

Accepting that things don't go your way

Parents in Partnership
On Tuesday morning we invited a coordinator of Interrelate to speak to our Learning Support Team and our School Counsellor about the programs that they offer to support parents and students. We were very impressed as always with the support programs offered by Interrelate.

We are a Kids Matter school meaning that we value the mental health wellbeing of our school community. I will attach to the newsletter some programs that may interest you as parents and also may be good for some of our students. Please have a read. Here is the website for Interrelate www.interrelate.org.au 1300 736 966. Also this week's article from Michael Grose is about team sport and the powerful way it can help to shape physical, academic, emotional and social development. Please take time to read this.

Parent Interviews
This year we will again be holding our formal parent interviews early. Interviews will take place at the end of this term. Teachers now have a good knowledge of the children in their class and we feel that it is important to discuss individual progress now so that all students are working towards the outcomes expected over the next three terms. At the end of Term

Our Values at Alfords Point Public School are as solid as a Rock

Dates for your Diary

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<th>Date</th>
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<td>Mar 31</td>
<td>Stage 3 Camp - Canberra</td>
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<td>Apr 1-2</td>
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<td>Apr 11</td>
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<td>Apr 11</td>
<td>Last day of Term 1</td>
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<tr>
<td>Apr 28</td>
<td>First day of Term 2 - Students and Staff</td>
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2, a half yearly report will go home but there will be no formal interview unless requested by parent or teacher. Our interviews will take the same format as a three way interview involving teacher, students and parents for Stage 2 & 3.

For ES1 and Stage 1 our interviews will only involve parents and teachers. Notes will go home soon.

KL & KD  Tuesday 1 April 1.30pm to 6.30pm
1-2R, 1-2J & 2-3P  Wednesday 2 April 1.30pm to 6.30pm
3-4B & 3-4M  Tuesday 8 April 1.30pm to 6.30pm
5-6B & 5-6D  Monday 7 April 1.30pm to 6.30pm

Homework Club
Homework Club has been very successful this term and our students are working very hard and enjoying as well the hour after school. There will be no Homework Club Week 10 and Week 11, Wednesday 2 and 9 April. Homework Club will resume early in Term 2. Thank you for your cooperation.

The Bridge Playgroup
Our next session for Playgroup will be on April 3. Please come along. It is a great opportunity for pre-schoolers and their mums and families to get to know Big School. Thank you to Slavica Kotevski for coordinating these sessions.

Values Assembly
Respect and Responsibility and Excellence
This term we have been focussing on Values Education in both our classroom and playground. Values are embedded in our curriculum and are a part of every day life at school. During this term we have concentrated on the values of Respect and Responsibility and Excellence. The value of Excellence is one that we hope all students will aspire to throughout the year. Respect and Responsibility is also ongoing throughout the year. On Monday 7 April we hold our Values Assembly. All are welcome.

ANZAC Service
We will be holding our annual ANZAC Service at 9.00am Friday 11 April 2014. All members of the school community are welcome to attend this service. The service will be held straight after our morning assembly on Friday. If students would like to bring flowers for this service they can bring them on Friday morning and lay them at the base of our memorial rock during morning assembly.

Robyn Dowse
Principal

SRC News - Easter Competitions & Easter Mufti day
This week all students in K-2 have received their Easter colouring and decorating competition. Once students have finished please return them to their class teacher. Students in Years 3-6 will be able to create an eggcellent diorama and bring it in on our Eggciting Thursday which will be on 10 April 2014. Winners will be announced during our Easter Hat Parade which will be held under the COLA at 2pm.

Also on this day students can come to school dressed in Easter Mufti. Students could come dressed with big ears, fluffy tails, big teeth, bunnies, Easter eggs etc. A gold coin donation is required if your child attends school in mufti which will be donated to the Children’s Leukaemia Foundation. We look forward to celebrating Easter with the APPS spirit.

Aaron McKrell & Maria Panourgias

Premier’s Reading
Congratulations to Broc F and Joel J for completing the Premier’s Reading Challenge by reading 20 books this year.

From the Library
Thanks so much to Mrs Brice for covering ten novels in record time. If anyone else can cover some books please see Mrs Naoum on Monday for contact.

Thank you in anticipation.

Ann Naoum
Teacher Librarian

Year Two Choir
I would like to remind all parents that the choir’s first combined rehearsal will be next Monday 31 March at Bonnet Bay Public School. We will be leaving school at 8.30am and returning by 1.00pm. Please send students to school with their recess & hat in an excursion bag. We will be back at lunch time so students will be able to leave their school bag and lunch at school.. Parents please note that choir is compulsory for all Year 2 students. If you haven’t returned your child’s permission note and money, please complete and return it to the front office by Monday.

Carolyn Rider
Public Speaking
It's almost that time of year again for our Annual Public Speaking Competition. Public speaking is taught to students to help them develop the skills necessary to become confident, clear and focused speakers and it is part of the English syllabus relating to the Talking and Listening strand. It assists students to develop the skills necessary to be able to speak and communicate with class members, teachers, peers and other individuals about a topic of personal interest and it assists with building greater self-esteem. The public speaking challenge instills confidence, encourages the reluctant speakers and recognises the talented ones. Impromptu speeches also demonstrate a student's ability to organise information, create and logically structure a speech to suit the topic and the audience and to convey an opinion convincingly. The prepared speeches for Kinder, Years 1 and 2 are to last for 2 minutes, Years 3 and 4 for 3 minutes and Years 5 and 6 for 4 minutes. Impromptu speeches for Kinder, Years, 1, 2, 3 and 4 are to last for 1 minute and for Years 5 and 6 for 1.5 minutes. Students are given 5 minutes preparation time. All class competitions will commence in early Term 2. Your child's teacher will advise you when your child's speech is to be delivered. The holidays may be an opportune time to start preparing and practicing.

Debbie Burke, Kim Dobson & Nick John

SPORT NEWS
Cross Country Carnival
It's only one week till our Annual Cross Country Carnival Friday 4 April. The ES1 and Stage 1 carnival will commence at 9.30am and the Stage 2-3 carnival will commence approximately 10.30am. Family and friends are welcome to come along and spectate. Students should be upping their antics in the training program (of course always under adult supervision). Kinders run 400m, Yr 1 600m, Yr 2 800m, 8,9 & 10 yr olds run 2km and 11,12 & 13 yr olds run 3km. The carnival is a normal school day and all children are expected to participate. Notes have gone home today.

Debbie Burke

Achievement Awards
Stage 1 - Layla D
Stage 2 - Samuel W, Valerie P
Stage 3 - Olivia B

Banners
Stage 2 - Valerie P
Stage 3 - Olivia B

Bronze Medals
Stage 3 - Olivia Branco

STUDENTS OF THE WEEK - T1, Week 9
KL - Ayla K
KD - Max W
1-2R - Andrew N
1-2J - Alexander D
2-3P - Melis O
3-4B - Eva V
3-4M - Johnny R
5-6B - Elena C
5-6D - Thanh Loan B

THE POINT CAFÉ
New volunteers urgently needed for Term 2. Please contact Megan if you are available.

The canteen will be closed during week 11 and will reopen on Monday, 5 May.

Natasha Petkovski & Megan Brice (Canteen Co-ordinators)
Canteen Mobile: 0458 806 875
Email: apcanteen@telstra.com

Volunteers for Week 10

Monday, 31 March
Nicci Jones & Maree Stuart

Wednesday, 2 April
Natasha Petkovski & Pamela Rogaris C/S

Friday, 4 April
Megan Brice & Kelly Mcquhae

MindQuest 2014
St George Girls HS Victoria St, Kogarah
Saturday & Sunday 5&6 April 2014
On Saturday 5 and Sunday 6 April 2014 the 71st NSW Talent Enrichment Weekend MindQuest will be held for primary students from Years 1-6 at St George Girls HS. Students will have an opportunity to participate in over 38 exciting, fast paced courses in the two day program. They include courses in chemistry, earth sciences, drama, lego robotics, art and much more. The cost of the weekend is $175 (including GST).

Contact details– Shelagh Poray 02 4232 2494
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Looking for a painter?? Well look no further...

Specializing in residential interior painting.
Shop and office fit outs, and also
In special effects – for that something different!

MARK MAVRICK PAINTING
ALFORDS POINT
0424 912 575

UNIFORM SHOP
In 2013 the uniform shop will be opening on Friday mornings at 8.30am - 9.15am in the hall.

BOOKINGS ESSENTIAL
PLEASE CALL 8522 4460
302 Port Hacking Road South
CARRAMONG NSW 2229
www.interrelate.org.au
1300 736 966

Awesome Kids Parties
We Come to You
Entertaining
Exhauting Fun
1300 496 287
www.gymbus.com.au

SHARKS BASKETBALL HOLIDAY CAMP
14th to 17th April 2014
9am - 2pm Age 7 to 15 years
T-Shirt & Ball for all Camp Participants

WARATAH PARK RAWSON AVE SUTHERLAND
Phone: 9542 1999 Fax: 9521 5606
Email: admin@sutherlandbasketball.net.au
Website: www.sutherlandbasketball.net.au

Please report trespassers in the school grounds to:
School Security 1300 880 021
Menai Police 9541 4499
Happy Mother’s Day

Being A Mum

In conjunction with Mother’s Day Interrelate is offering a 3 Free Session program to help mother’s to become more mindful parents and gain skills to build closer relationships with their Children.

Dates: Tuesday 13th, 20th and 27th of May

Time: 6:30pm to 9:00pm

Cost: Free

Location: Interrelate Family Centre
383 – 385 Port Hacking Rd South, Caringbah

This 3 session program hopes to assist mothers to:

- Understand themselves as a mum
- Really connect with their children
- Understand Children at different ages
- Learn Positive ways to discipline children and communicate more effectively